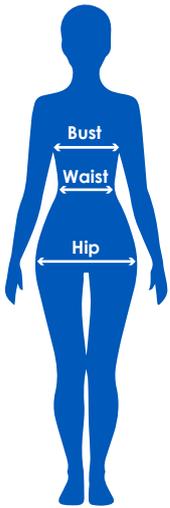


Discovery Parks / Top Parks - How to measure & fit your uniform



Body Measurements Women



		6/XXS	8/XS	10/S	12/M	14/L	16/XL	18/2XL	20/3XL	22/4XL	24/5XL
Height	cm	150-160	155-165	160 - 170	165 - 175	170 - 175	180 - 190	180 - 190	185 - 195	185 - 195	185 - 195
Bust	cm	74 - 79	79 - 84	84 - 89	89 - 94	94 - 99	99 - 104	104 - 109	109 - 115	115 - 120	120 - 125
Waist	cm	55-60	60 - 65	65 - 70	70 - 75	75 - 80	80 - 85	85 - 90	90 - 95	95 - 100	100-105
Hip	cm	83 - 88	88 - 93	93 - 98	98 - 103	103 - 108	108 - 113	113 - 118	118 - 123	123 - 128	128 - 133

How to Measure Womens Body Dimensions

Chest/Bust

Place the measuring tape from bottom of the armpit across the shoulder blades horizontally to measure. For the bust, measure the top of the bust

Waist

Measure the thinnest part of the waist. However, depending on the product, the garment may be designed to be worn low on the waist. Depending on the waist size indication, the actual size would be somewhat larger.

Shoulder Width

Measure between the tips of both shoulders, passing through the bone (cervical vertebrae) that sticks out when you tilt your neck forward.

Hip

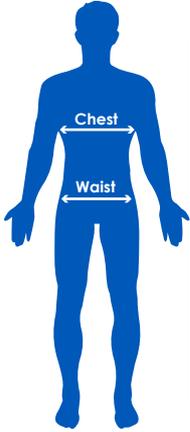
Whilst standing straight, measure the fullest part of the hip.

Skirt Length

Measure from the top of the waist to the hem of the skirt



Body Measurements Men



		72/XXS	74/XS	82/S	78/M	87/L	92/XL	97/2XL	102/3XL	107/4XL	112/5XL	127/6XL
Height	cm	155-165	155-165	165 - 175	175 - 185	175 - 185	185 - 200	185 - 200	185 - 200	185 - 200	185 - 200	185 - 200
Chest	cm	82 - 86	87 - 91	92 - 96	97 - 101	102 - 107	108 - 113	114 - 119	120 - 125	126 - 131	132 - 137	138 - 144
Waist	cm	68 - 72	73 - 77	78 - 82	83 - 87	88 - 92	93 - 97	98 - 102	103 - 107	108 - 112	113 - 117	118 - 127

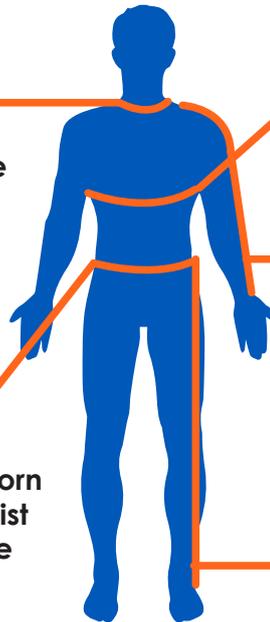
How to Measure Mens Body Dimensions

Neck size

Measure one of the shirts you have around the neck. Flatten the collar and measure from the centre of the top button to the furthest edge of the button hole.

Waist

Measure the thinnest part of the waist. However, depending on the product, the garment may be designed to be worn low on the waist. Depending on the waist size indication, the actual size would be somewhat larger.



Chest

Place the measuring tape from bottom of the armpit across the shoulder blades horizontally to measure.

Sleeve Length (Centre Back)

Measure the length between the centre of the collar through the outer side of the arm and elbow, towards the wrist.

Out leg length

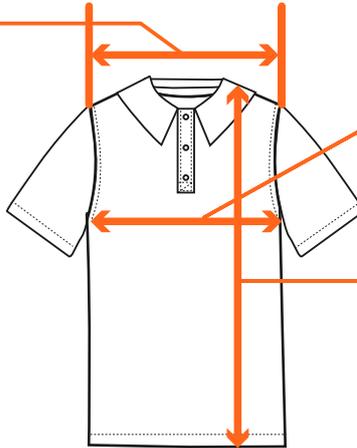
To measure the leg length start from the waist and measure along the outside of pant along stitches to the finished hem of the pants.

How to measure Garments

TOPS

Shoulder Width

The length between the shoulders.



Body Width

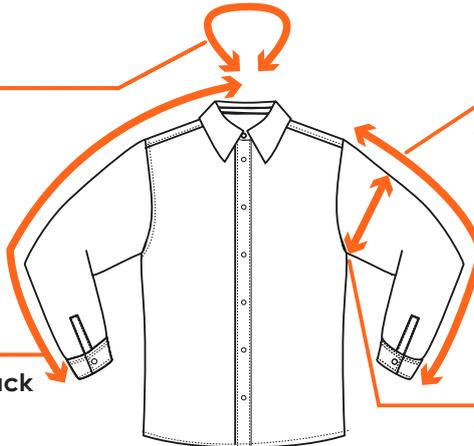
Length between the stitches below the armpits

Body Length (Off-Centre)

Length between the edge of the neck opening to the bottom (hem).

Neck Size

The length of the collar when flattened from the centre of the top button to the edge of the button hole.



Sleeve Length

The length between the top of the shoulder to the opening of the sleeve.

Sleeve Length (Centre Back)

The length between the back centre of the collar to the edge of the sleeve.

Sleeve Width

The length between the top of the sleeve, measured perpendicular to the fabric's vertical thread.

Front Neck Depth

The height from the lowest part of the neckline.



Collar Stand

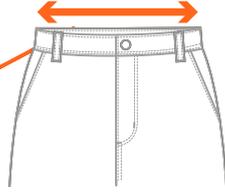
The height from the neckline.



BOTTOMS

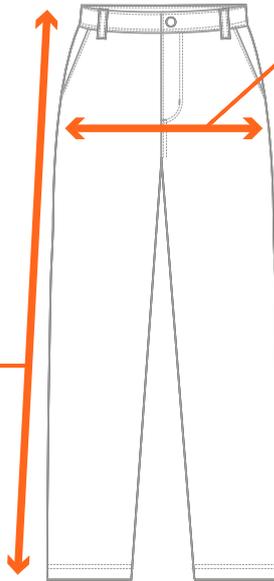
Garment Waist Measurement

The actual measurement of the waist of the garment. Measure the width of the front of the garment from left to right.



Hip

Measure the fullest part of the hip. Measure the width of the front of the garment from left to right.



Out Leg Length

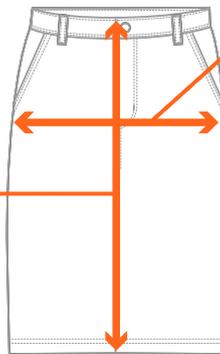
The length is measured from the top of the waist to the hem of the pant.

Hip

Measure the fullest part of the hip. Measure the width of the front of the garment from left to right.

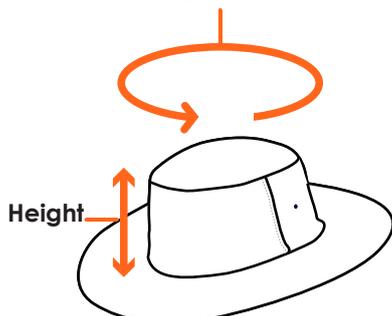
Skirt Length

The length from the top of the garment, all the way down to the hem.



ACCESSORIES

Head Circumference



Total Length

